



NATIONAL CAPITAL
NEUROSURGERY
SPECIALISTS IN BRAIN & SPINE

• Zachary T Levine, MD FAANS • Jay W Rhee, MD • David W Herzig MD FAANS •

POSTOPERATIVE INFORMATION: Craniotomy

Wound Care:

Please keep the wound dry for 24 to 48 hours. The dressings are removed before your discharge. There are often surgical clips or sutures that need to be removed in the office. This will be done at the first post-operative visit in the office in 10 to 20 days after the surgery. You may shower 5 days after the surgery. When drying the area, please blow dry on a cooler setting or pat dry. Try not to rub the area dry with a towel. The scalp has a rich blood supply. There might be areas of drainage or “bleeding.” If this is persistent please call the office. You may wear a hat or scarf to cover the wound when you are in public. Please do not let the wound get too wet from perspiration or water, as this might inhibit the healing process.

Activity:

Please rest and limit physical activity until the first post-operative visit. No bending, lifting greater than 5 pounds or twisting until the first postoperative visit. Limit the amount of stair climbing to twice per day. If you need to take a nap in the middle of the day, you may do so. You may resume your normal diet.

Postoperative Discomfort:

It is common to have pain after any surgery. Often the headache from cranial surgery dissipates quickly and some patients do not use any pain medication after surgery. You may have some facial pain or pain. If you experience severe pain, nausea, vomiting and neck stiffness call the office. This could be a serious problem.

Medication for pain is provided on discharge from the surgery center or hospital. The medication will vary depending on the procedure performed. Make sure that we are aware of any allergies or reactions to pain medications.

If you have any excessive swelling, pain or other symptoms you are concerned about, please call us.

Postoperative Appointments and Medications:

Your first appointment will be 10 days to 20 days after the initial surgery. **Please call the office to make this appointment when you get home from the hospital.** This will be a routine visit and any further postop questions can be answered. We often discharge you on medications to treat brain swelling and seizures as well as pain medication. Please stay on these medications as instructed and bring the bottle with you to the first post-operative appointment.

MAIN OFFICE

3202 Tower Oaks Blvd Suite 300, Rockville, MD 20852

T 301-718-9611 F 301-718-2979



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Additional Therapy:

Depending on your diagnosis, pre-operative symptoms and post-operative symptoms we may need to send you for additional treatments such as radiation, stereotactic radiosurgery, chemotherapy, physical therapy and possible speech therapy. Much of this is arranged in the hospital before your discharge. If there are questions please feel free to call the office or ask about it at the first post-operative appointment

We often ask you to get follow up imaging of the surgical site (MRI or CT scans) in the future. This will be discussed at the first post-operative appointment as well.

Questions:

Asking questions is the best way to get information. Please feel free to ask questions about the surgery and what was done. We will try to explain in the best way we can to help you understand what your problem was, how it was treated and what you should expect.

Thank you,

National Capital Neurosurgery Staff
(301) 718.9611
www.brainsurgery.com